

# Help! Posts from a forum: I told my parents I'm gay

■ Read this forum and the posts answering a boy who told his parents he is gay. Complete each blank space with a word from the box.

congratulations • easier • hard • later • life • mistake • normal • online • opposite • others • part • people • reactions • regret • right • terrible

I told my parents...

Two days ago I told my parents I'm gay. I'm only 15. I feel **1.** ..... - my mother cannot stop crying. She keeps making me feel guilty. My dad cried once, too. They keep telling me they are worried about my future and how I will never come back home when I go to college, things like that. But yeah, I feel terrible and **2.** ..... telling them.

Re: I told my parents...

Just because you are gay doesn't mean it changes who you are. **3.** ..... on coming out to your parents! They and you will be fine; they just need it to sink in.

Re: I told my parents...

Congratulations on being so brave and coming out to your parents. Although it may seem like a **4.** ..... at the moment, I'm sure when things settle down again (and they will), you will feel that it was the best thing you ever did. Your life will be so much **5.** ..... now because you can be open and honest, not having to hide all the time. Well done!

As far as your parents go, just remember that this has come as a bit of a shock and they need a bit of time to digest it all and get a bit more comfortable with the whole thing. You could try printing off some material **6.** ..... and see if they will read anything like that. Try to be there to answer any questions, act and behave just as **7.** ..... and let them see that you are still you and being gay is only a small **8.** ..... of who you are. During the next

few days/weeks your parents may say some horrible and hurtful things without really realizing, but then things will start improving again. Good luck!

Re: I told my parents...

Sorry that you are having to deal with the bad **9.** ..... from your parents. People can say some really horrible things even if they think they are doing the best they can.

Like everyone else already said, your parents are just in shock right now. They are now having to re-evaluate everything they have ever heard about gay **10.** ..... and realizing that it's not true at all. Some parents take longer than

**11.** ....., but luckily most parents always come around. You were brave for coming out to your parents and you should be proud of yourself. I know it's difficult, especially when you feel like you are hurting your parents, but you took a step that will help you **12.** ..... in life. Best of luck!

Re: I told my parents...

Your parents just need some time to get used to it. Don't feel bad – it's who you are, and you have a **13.** ..... to be yourself. Being gay doesn't define who you are, and it's definitely not the most interesting thing about you. Just give your parents some time and they'll realize that, too.

Re: I told my parents...

That must have been **14.** ..... for you. I'm just going to repeat what other people have said and say that your parents probably just need time to adjust to it. I mean it's a big thing when you tell them, really, because everyone always thinks that their kid will meet someone of the **15.** ..... sex, settle down and get married and have kids of their own. So I guess it takes a while for people to realise that that's not how real **16.** ..... works.