

Mental illness – What you see / What you don't see



▶ **Mental illness – What you see / What you don't see** posted by Neinstein Personal Injury Love years

Expert: Neinstein & Associates, a Toronto legal firm

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1 Read a short introduction to the video and decide if the statements below are true (T) or false (F).

1 in 5 Canadians will suffer from mental illness at some point in their lifetimes. The other 4 will have a friend, family member or colleague who will. The Neinstein & Associates family wanted to do something to help raise awareness for this very important cause. Remembering how important it is to reflect on all that we have to be thankful for, we made this video to offer a moment's thought for those for whom every day is struggle.

We are proud to support the efforts of the Put Up Your Dukes Foundation, an organization started by a valued member of Neinstein & Associates firm.

We encourage you to share this video and consider donating to this worthwhile cause.

- | | T | F |
|--|--------------------------|--------------------------|
| a. 20% of Canadian people will suffer from mental illness one day. | <input type="checkbox"/> | <input type="checkbox"/> |
| b. 4/5 of the Canadian population has a family member who suffers from mental illness. | <input type="checkbox"/> | <input type="checkbox"/> |
| c. The Neinstein & Associates group cures mentally ill people. | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Everyday life is difficult for mentally ill people. | <input type="checkbox"/> | <input type="checkbox"/> |
| e. The Neinstein and Associates group supports a foundation and raises money to support mentally ill people. | <input type="checkbox"/> | <input type="checkbox"/> |
| f. The video is copyright and cannot circulate freely. | <input type="checkbox"/> | <input type="checkbox"/> |

2 Watch the video twice/three times and answer the following questions about the six speakers.

a. How do they define themselves?

Speaker 1: black woman	<i>a mother</i>
Speaker 2: white man	
Speaker 3: white boy	
Speaker 4: Asian girl	
Speaker 5: Indian man	
Speaker 6: white woman	

b. Complete the table with information on their jobs, personality, problems and addictions.

SPEAKER	JOB	PERSONALITY	PROBLEM	ADDICTION
Speaker 1: black woman	<i>stay-at-home mum</i>	<i>loving</i>		<i>something to take the pain away</i>
Speaker 2: white man		_____		
Speaker 3: white boy	_____			
Speaker 4: Asian girl			<i>maybe she has gained weight</i>	
Speaker 5: Indian man	_____		_____	
Speaker 6: white woman		_____	<i>when she's alone</i>	<i>the web</i>

c. What/How do the speakers want to feel?

Speaker 1: black woman	
Speaker 2: white man	
Speaker 3: white boy	
Speaker 4: Asian girl	<i>happy</i>

d. What do the speakers suffer from? How do they define it?

e. What do the speakers ask their families and friends?

1. don't fire me – speaker 4
2. don't leave me – speaker
3. be patient – speaker
4. don't judge me – speaker
5. don't give up on me – speaker

3 Use the information in the table to describe the different speakers.

Here is an example for Speaker 1.

Speaker 1 is a black woman and a mother. She is a stay-at-home mother/housewife and is loving. She suffers from depression and sometimes she can't get out of bed. She is addicted to anything that can take the pain away. She wants to feel something and asks her family not to judge her and not to give up on her.