

# EXTRA VIDEOS

1 ▶ Watch the video and answer the questions.

**Understanding The Hair Growth Cycle** posted by Adam Explains

1. How many phases of the hair growth cycle are there? Can you name them?  
.....
2. According to Swedish researchers, in which season do humans shed more hair?  
.....
3. Do cutting, trimming or shaving hair affect the cycle of hair? Why?  
.....
4. Do people shed hair on a regular basis?  
.....
5. How much hair can a person shed per day?  
.....
6. Is shedding gender dependent? What does it mean?  
.....
7. According to the video, what may the causes of *Telogen Effluvium* be?  
.....
8. Compared to scalp hair, has body hair a shorter anagen phase?  
.....

2 ▶ Watch the video and complete the table. Use the given words for the first two columns, and your own words to complete the last two columns.

**Homemade Aloe vera Hair Oil for Double Hair Growth** posted by Beauty Recipes  
**Aloe vera Gel to get Long hair, No Hair Fall**

knife • coconut oil • wooden spoon • fresh aloe vera leaf cubes • water • bowl • strainer (colino)

Tools	Ingredients	How to use the oil	Benefits
1. ....	5. ....	<ul style="list-style-type: none"> <li>• Apply the oil on the 8. ...., massage it gently in a 9. .... motion.</li> <li>• Let it sit for about 10. .... minutes to 11. .... hour.</li> <li>• Wash off with a 12. .... shampoo. You can also leave it 13. .... and shampoo hair the next morning.</li> </ul>	<ul style="list-style-type: none"> <li>• It leaves hair 14. .... and shiny.</li> <li>• It controls hair 15. ....</li> <li>• It repairs dead skin 16. .... on the scalp.</li> <li>• It helps activate new hair 17. ....</li> <li>• It has anti-18. .... properties.</li> </ul>
2. ....	6. ....		
3. ....	7. ....		
4. ....			

# GAMES AND INTERACTIVE ACTIVITIES

**1** Hidden words. How many words are hidden in the spiral? Use the Vocabulary Bank of the first unit if you need.

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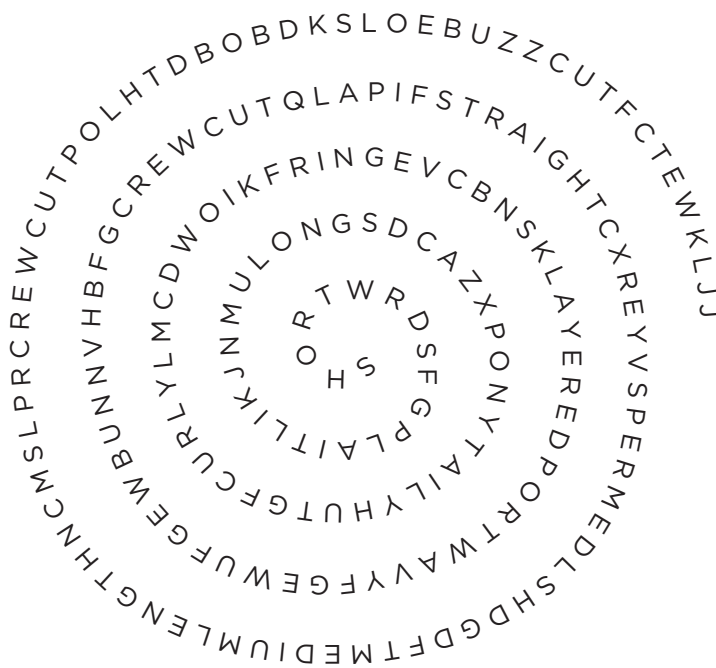
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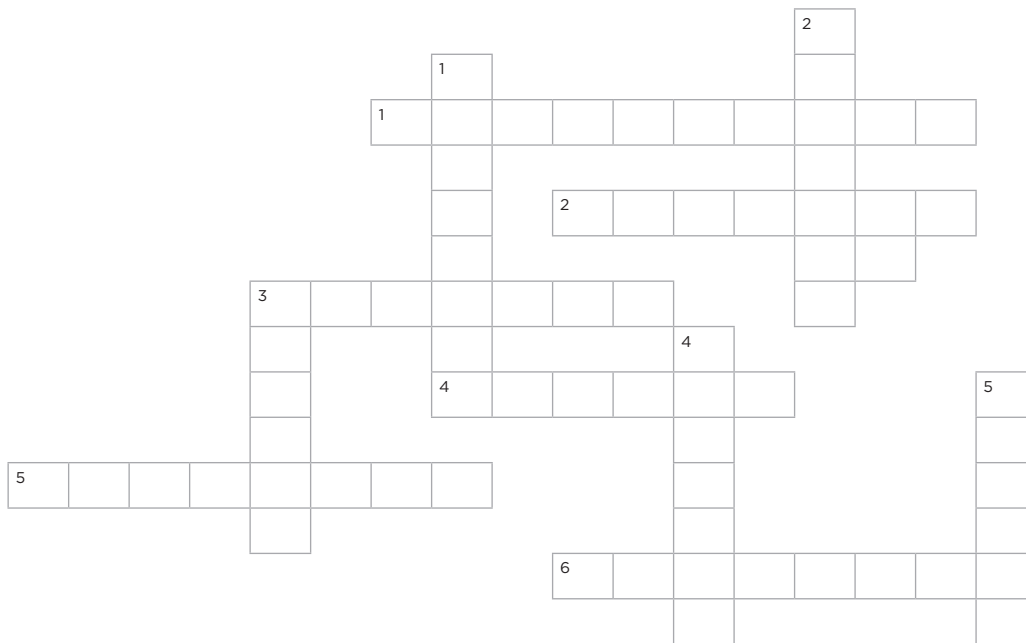
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**2** Education crossword. Complete the crosswords with terms related to hair.



**DOWN**

1. Common contagious infection that occurs in children.
2. Transition phase of the hair.
3. Middle layer of the hair.
4. Innermost layer of the hair.
5. Growing phase of the hair.

**ACROSS**

1. Common inflammatory condition of the scalp which produces dandruff.
2. Resting phase of the hair.
3. Outermost layer of the hair.
4. Shedding phase of the hair.
5. Partial or complete loss of hair.
6. Synonym of hair bulb.

## REAL-LIFE ACTIVITIES

- 1 PAIR WORK.** The salon PC has a problem and some data have been lost. Take it in turns to play the role of the client or the receptionist and ask and answer the necessary questions to complete these clients' cards.

**Name:** John  
**Surname:** Fisher  
**Address:** .....  
**Telephone number:** .....  
**E-mail address:** .....  
**Date of birth:** .....

**Name:** Bethany  
**Surname:** .....  
**Address:** .....  
**Telephone number:** .....  
**E-mail address:** betany.curler@hotmail.com  
**Date of birth:** .....

**Name:** .....  
**Surname:** Custer  
**Address:** .....  
**Telephone number:** 01235 6453210  
**E-mail address:** .....  
**Date of birth:** .....

**Name:** .....  
**Surname:** Smith  
**Address:** .....  
**Telephone number:** .....  
**E-mail address:** .....  
**Date of birth:** 15<sup>th</sup> July

**Name:** Adrian  
**Surname:** .....  
**Address:** 15 Park Road, Exeter  
**Telephone number:** .....  
**E-mail address:** .....  
**Date of birth:** .....

**Name:** Sarah  
**Surname:** Johnson  
**Address:** .....  
**Telephone number:** .....  
**E-mail address:** .....  
**Date of birth:** 18<sup>th</sup> December

- 2 PAIR WORK.** Invent mini-dialogues following the indications.

- Sono le 10 del mattino e la cliente entra in salone e viene accolta dalla receptionist che la saluta. La cliente ricambia i saluti. La receptionist chiede se può essere d'aiuto e la cliente dice che vuole prenotare uno shampoo e piega per la prossima settimana. La receptionist chiede con quale stilista vuole fare la piega. La cliente risponde dicendo che vorrebbe Michelle. La receptionist dice che va benissimo e le fissa l'appuntamento per il prossimo martedì alle 9 del mattino. La cliente dice che va bene, ringrazia e saluta. La receptionist ricambia il saluto e dice che l'attende la prossima settimana.
- Sono le 4 del pomeriggio e un cliente entra in salone senza appuntamento. La receptionist dice che non importa e che lo stilista lo raggiungerà tra 10 minuti. La receptionist gli offre del caffè che il cliente accetta volentieri chiedendo anche delle riviste. Lo stilista arriva e, dopo aver salutato, chiede al cliente il servizio desiderato. Il cliente risponde che desidererebbe un taglio. Lo stilista dice che va bene e lo fa sedere al lavello.